Bed Bug Management—One Step at a Time!

Step 1: Inspection

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1. Sleep tight.
2. Is that a bite?
3. Could it be bed bugs?
4. [Image of person thinking with a light bulb moment]
5. Inspect your bedroom: knife, flashlight, pill jar, sandwich bag, screwdriver, tweezers, contractor bags.

6. Inspect cracks and crevices near the bed, including floor molding ...

7. ... electrical outlets and switchplate covers ...

8. ... the bedframe and headboard ...

9. ... under the mattress tag ...

10. ... seams on the mattress and boxsprings.

11. Bed bug evidence

12. Don’t worry!
13. Collect a sample.

14. Seal insect in a plastic bag ...

15. ... or place insect in a pill jar ...

16. ... or seal insect in clear tape.
Visit a county Extension office.

Life stages of the bed bug.

Other insects may look like bed bugs. Correct identification is important.

Bed bug bites itch ... but they are not known to transmit any disease.

Learn about bed bug biology.
Time to make a plan. Do it yourself ... or call a qualified professional.