QUASI-STATIONARY DISTRIBUTIONS AND BEHAVIOR OF BIRTH-DEATH MARKOV PROCESS WITH ABSORBING STATES

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ABSTRACT

In this paper the continuous-time Markov process for a closed stochastic SIS epidemic model is modified in such a way that transitions to the absorbing state are substituted by transitions to the initial state. This modified process has a limiting distribution $\Pi$ which is used to calculate the number of units of time-disease (UTD's) and the expected incidence. It is also shown how $\Pi$ can be used to calculate the exact value of the mean time to extinction. This later is compared against current expressions using the quasi-stationary distribution. An approximation to the expected number of different persons infected and hence to the probability of escaping infection is given.

1. INTRODUCTION

Finite Markov-process with non-absorbing states have a limiting distribution $\pi' = \{\eta_1, \eta_2, \eta_3, \ldots, \eta_N\}$ with a nice interpretation: if the process runs for a long time, the probability that the process will be in state $i$ is $\eta_i$. Consequently, $\eta_i$ can also be interpreted as the total proportion of time the process is in state $i$. In contrast, finite Markov process with absorbing states have degenerate stationary distributions, that concentrate all the probability in the absorbing states. An important question is then how will the process behave given that it starts at state $i_0$. The term behavior is vague and in the context of the problem it may well be for instance, the collection of visited states indexed by time. In this paper, by behaviour it is understood some measure (absolute or relative) of the amount of time that the process spends in every state before absorption as well as to any quantity derived from that. It will be shown how in the epidemic S-I-S model this information will be used to calculate the expected total incidence before the disease vanishes.

In section 2 the modified stochastic process (MSP) is introduced, and some numerical comparisons are made between the limiting distribution of the MSP with the quasi-stationary distribution (QSD) for specific cases. In section 3 the limiting distribution of the MSP is used to derive the expected time to extinction using Renewal theory. In section 4 the units of time disease, defined in an analog way to man-work hours is introduced, and it is shown how the expected incidence can be calculated from this
value. An approximation to the expected number of different persons infected and hence to the probability of escaping infection is given. In section 5 asymptotic approximations of these results are given for \(N \to \infty\).

2. THE MODIFIED MARKOV PROCESS

We have a closed population of size \(N\). Let \(p_{i_0,n}(t)\) be the probability that there are \(n\) infected individuals at time \(t\) given that it started in an arbitrary but fixed state \(i_0\), \(n = 0, 1, 2, ..., N\). In order to simplify the notation we write this probability as \(p_n(t)\). The Forward Kolmogorov equations can be written as:

\[
p'(t) = p(t)A
\]

where \(A\) is a tridiagonal matrix given by:

\[
A = \begin{bmatrix}
-\ell_0 & \lambda_0 & 0 & \cdots & 0 \\
\mu_1 & -\ell_1 & \lambda_1 & \cdots & 0 \\
0 & \mu_2 & -\ell_2 & \cdots & 0 \\
\vdots & \vdots & \vdots & \ddots & \vdots \\
0 & 0 & 0 & \cdots & -\ell_N
\end{bmatrix}
\]

where \(\ell_i\) and \(\mu_i\) are the birth and death rates in state \(i\), and \(\ell_i = \lambda_i + \mu_i\). Since \(\ell_0 = 0\) the process has the origin as an absorbing state that makes the stationary distribution degenerated with 1 at 0. For the SIS epidemic model \(\lambda_i = \lambda_i(N - i) / N\), \(\mu_i = \mu_i\).

Modifying the Markov process in such a way that it allows for a return to the initial state \(i_0\) instead of going to the absorbing state 0 is the same as running the process an infinite number of "cycles", with no delay in state 0. This requires that in matrix \(A\) transitions from state 1 to state 0 are replaced by transitions from 1 to \(i_0\). This is referred as the Modified Markov Process (MMP).

The Forward Kolmogorov equations for the MMP are:

\[
\begin{align*}
 u_1'(t) &= u_2(t)\lambda_2 - u_1(t)r_1 + u_1(t)\lambda_1I_1 \\
 u_2'(t) &= u_1(t)\lambda_1 + u_3(t)\mu_3 - u_2(t)r_2 + u_1(t)\lambda_1I_2 \\
 u_3'(t) &= u_2(t)\lambda_2 + u_4(t)\mu_4 - u_3(t)r_3 + u_1(t)\lambda_1I_3 \\
 & \vdots \\
 u_N'(t) &= u_{N-1}(t)\lambda_{N-1} - u_N(t)r_N + u_1(t)\lambda_1I_N
\end{align*}
\]
where $u_{n}(t)$ is the probability that the process will be in state $n$ at time $t$, in the MMP, and $I_{[n]} = 1$ the indicator function for the event "initial state is $n$".

The previous equations can be written in compact form in terms of matrix $A$ as:

$$u'(t) = u(t) U$$

were $U$ is identical to the matrix $Q$ except that $D(1)$ is added to the element in row $i_0$, column 1. The stationary distribution for this MMP exists and is non-degenerated, this is called the Modified Stationary Distribution (MSD) and denoted $\Pi' = \{\pi_1, \pi_2, \pi_3, \ldots, \pi_N\}$.

Let $S = \{S_1, S_2, S_3, \ldots, S_N\}$ be the vector corresponding to the total amount of time spent in every state before the process goes to absorption. It will be shown how relevant morbidity measures as the expected total number of infection cases before absorption (total incidence) can be drawn from $E\{S\}$.

Let $r$ be an arbitrary but fixed state, $r = 1, 2, \ldots, N$. We have:

$$E\{S_r\} = E\left\{k^{-1} \sum_{j=1}^{k} S_{rj}\right\} = \lim_{k \to \infty} \frac{E\left\{\sum_{j=1}^{k} S_{rj}\right\}}{k}$$

Note that in the MMP

$$\lim_{k \to \infty} \frac{\sum_{j=1}^{k} S_{rj}}{k} = \pi_r$$

with $S_{rj}$ being the total time spent in state $r$ in $j$-th cycle, $r = 1, 2, \ldots, N$, $j = 1, 2, \ldots, k$, and $\pi_r$ the corresponding element from $\Pi$. Note the following equality holds:

$$E\{S_{rj}\} = E\{S_r\}$$

that is, the expected total amount of time spent in state $r$ in $j$-th cycle is equal to that spent in the original process before absorption. Observe that
\[ \pi_r = \lim_{k \to \infty} \frac{\sum_{j=1}^{k} S_{rj}}{\sum_{j=1}^{k} N \sum_{i=1}^{N} S_{ij}} = \lim_{k \to \infty} \frac{k^{-1} \sum_{j=1}^{k} S_{rj}}{k^{-1} \sum_{j=1}^{k} \sum_{i=1}^{N} S_{ij}} = \frac{\lim_{k \to \infty} k^{-1} \sum_{j=1}^{k} S_{rj}}{\lim_{k \to \infty} k^{-1} \sum_{j=1}^{k} \sum_{i=1}^{N} S_{ij}} = \frac{E\{S_r\}}{E\{\sum_{i=1}^{N} S_i\}} \]

Since \(E\{\sum_{i=1}^{N} S_i\}\) is the expected time the process will spend in all states in a given cycle, this corresponds to the expected time to extinction, \(T_E\), it follows that

\[ E\{S_r\} = \pi_r T_E \quad (2.4) \]

It will be shown later (section 3) that \(T_E = (\pi_1 \mu_1)^{-1}\), thus we can write

\[ E\{S_r\} = \frac{\pi_r}{\pi_1 \mu_1} \quad (2.5) \]

Figs. 1.1 and 1.2 show the comparison between the total amount of time spent in every state, averaging over 5000 cycles and the predicted according to (2.5) for the \(S - I - S\) logistic epidemic with \(\lambda_i = \lambda_i (N - i)/N\) and \(\mu_i = \mu_i\), with \(R_0 = 1.1\) and 1.4, at different initial number of infectives. Simulations were also performed in Matlab. Observe that the total amount of time spent in state 1 is not affected by the initial number of infectives, which is due to the fact that the number of visits to state 1 before absorption is a Geometric random variable with parameter \(\theta = \mu_1/(\mu_1 + \lambda_1)\).

**Comparison of the MSD with the quasi-stationary distribution**

The probability that the process is in state \(n\) at time \(t\) conditioning in non-extinction is given by:
The limit \( t \to \infty \) of the last expression is called the quasi-stationary distribution (QSD). Since \( p_0(t) = \mu_1 p_1(t) \) the system of equations for the QSD can be rewritten as

\[
q'_n(t) = q(t)Q + \mu_1 q_1(t)q(t)
\]

(2.7)

where \( Q \) is equal to matrix \( A \) with the first row and first column deleted. The non-linearity of (2.7) makes impossible to find an explicit solution for the QSD for arbitrary \( N, \) although in [3] it is shown how the explicit solution can be found for \( N=2. \) It is easy to see that the MSD and the QSD are different since the latter does not depend of \( i_0. \) After computing the MSD and the QSD for several values of \( N \) and \( R_0 \) we found that they look quite similar when \( R_0 \) increases, but the difference is remarkable when \( R_0 < 1. \) It is interesting to mention that computational difficulties when calculating the QSD led to an approximation which consists in modifying the process by making state 0 a reflecting state, that is, the process goes back to state 1 if there is a death in state 1. The limiting distribution for this process \( p^{(0)} \), has been proved [4] to be stochastically smaller than the QSD in the sense that

\[
\sum_{i=1}^{N} p_i^{(0)} \geq \sum_{i=1}^{N} q_i
\]

Note that if the initial number of infectives is 1, then the MSD and \( p^{(0)}, \) the approximation to the QSD are the same. Figs 2.1 and 2.2 show the MSD and the QSD for \( N = 50 \) and \( R_0 = 1.2, 1.4 \) and 1.7 with different number of initially infected individuals. We can see that when \( R_0 \) increases both distributions tends to a normal distribution. This will be used later for asymptotic approximations.

3. EXPECTED TIME TO ABSORPTION.

In this section we show how Renewal theory can be applied to the MMP to calculate the expected time to absorption. The main result is that the expected time to extinction can be calculated without error once the MSD is known.

Once the original Markov process is modified in such a way that transitions to state 0 are substituted by transitions to the initial state \( i_0, \) then the mean time between
transitions $1 \to i_0$ in the MSP corresponds to the mean time to absorption in the original process. Let $N_{i,j}(t)$ be the number of transitions from state $i$ to a state $j$ up to time $t$ in an ergodic Markov chain. In [17] it is shown that:

$$\lim_{t \to \infty} t^{-1} E\{N_{i,j}(t)\} \rightarrow \pi_i q(i,j)$$

where $\pi_i$ is the $i$-th element of $\Pi$, and $q(i,j)$ is the transition rate from state $i$ to $j$. Hence

$$\lim_{t \to \infty} t^{-1} E\{N_{1,i_0}(t)\} \rightarrow \pi_1 q(1,i_0)$$

since $q(1,i_0) = \text{death rate in state } 1 = \mu_1$, we have

$$\lim_{t \to \infty} t^{-1} E\{N_{1,i_0}(t)\} \rightarrow \pi_1 \mu_1$$

On the other hand, the Elementary Renewal Theorem states that

$$\lim_{t \to \infty} t^{-1} E\{N_{1,i_0}(t)\} \rightarrow 1/E\{T\}$$

where $T$ is the time between transitions $1 \to i_0$. It follows that

$$T^E = (\pi_1 \mu_1)^{-1}$$

(3.1)

It is interesting to compare (3.1) with two other expressions related for the mean time to extinction:

$$T^E = (q_1 \mu_1)^{-1}$$

(3.2)

and

$$T^E = (p_1^{(0)} \mu_1)^{-1}$$

(3.3)

where $q_1$ is the first element of the quasi-stationary distribution and $p_1^{(0)}$ that of the "reflecting state 1 approximation" to the QSD. Expression (3.2) was suggested by [?] and gives the expected time to extinction starting from the quasi-stationary distribution,
whereas (3.3) was suggested in [14] for use if the initial state is 1. No simple expression exists for arbitrary $i_0$. We can see that if $i_0 = 1$ the (3.1) and (3.3) coincides, since the MMP is the same as the "reflecting state 1 approximation". For a detailed study of the QSD and their approximations see [3].

Numerical evaluation of expressions (3.1) and (3.3) was performed for a population of size $N = 50$ and $R_0$ values of 0.9, 1.1 and 1.4. The initial number of infectives was 1, 2, 5 and 10. Simulations were performed with Matlab.

Table 1. Comparison between observed and predicted time to absorption.

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</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>0.9</td>
<td>1.1</td>
<td>1.4</td>
<td></td>
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</tbody>
</table>

(1) Average mean time to absorption over 5000 cycles.
(2) Predicted time to absorption using (3.3).
(3) Predicted time to absorption using (3.1).

Fig 3 shows the expected time to extinction according to (3.1) and (3.3) as a function of $R_0$. Note (3.3) is not affected by $i_0$ and this is indicated by a single dotted line.

Notice that the expected time to extinction starting from the QSD can also be calculated by conditioning in being in state $i$. Let $T_E^*$ be this expectation, thus:

$$T_E^* = \sum_{i=1}^{N} P(state = i/i > 0) E\{T_i\}$$

where $E\{T_i\}$ is the expected time to extinction starting in state $i$. This can be rewritten in terms of the QSD as:

$$T_E^* = \sum_{i=1}^{N} \frac{q_i}{\pi_i \mu_i}$$
comparing this result with (3.2), we get to the interesting relationship between the QSD and the MSD:

\[
\sum_{i=1}^{N} \frac{q_i}{\pi_i} = q_1^{-1}
\]

4. TOTAL INCIDENCE IN AN SIS MODEL

We define a unit of time-disease as one sick person during a unit of time. This quantity is very useful because a cost function can be added to every unit, either due to cost of medical treatment and/or to a reduction in the labor force. This will allow us to study a different aspect of the development of the disease under different control strategies.

The total number of units time-disease (\(UTD\)) for the duration of the epidemic is:

\[
UTD = \sum_{i=1}^{N} i S_i
\]

where \(S_i\) as in (2.1) is the total time there were \(i\) infected individuals before the epidemic vanishes. Then, from (2.4)

\[
E\{UTD\} = \sum_{i=1}^{N} i E\{S_i\} = T_E \sum_{i=1}^{N} i \pi_i
\]

The previous expression can be used to calculate the expected number of cases of infection (total incidence) before the epidemic vanishes. Observe that \(UTD\) is a random variable made by the sum of the duration times of a random number of infections \(W\), the total incidence. The duration of every one of these \(W\) cases is independent of the others, and thus \(UTD\) is a random sum. Therefore

\[
E\{UTD\} = E\{W\} E\{X\}
\]

where \(X\) is the random (exponential) duration of an illness state of an infected individual, with expectation \(\mu^{-1}\). It follows that
which corresponds to the total incidence up to absorption time.

Table 2 shows the comparison between the observed (averaged over 5000 cycles) and the expected total incidence $W$ for a population of size $N = 50$ for $R_0 = 0.9, 1.1$ and 1.4, and initial number of infectives 1, 2, 5 and 10.

Table 2. Comparison between observed and predicted expected value of the Total Incidence ($W$).

<table>
<thead>
<tr>
<th>$i_0$</th>
<th>$\text{Observed}^{(1)}$</th>
<th>$\text{Predicted}^{(2)}$</th>
<th>$\text{Observed}$</th>
<th>$\text{Predicted}$</th>
<th>$\text{Observed}$</th>
<th>$\text{Predicted}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>5.53</td>
<td>5.53</td>
<td>15.14</td>
<td>14.70</td>
<td>153.56</td>
<td>158.25</td>
</tr>
<tr>
<td>2</td>
<td>11.23</td>
<td>10.67</td>
<td>26.53</td>
<td>27.41</td>
<td>279.81</td>
<td>272.87</td>
</tr>
<tr>
<td>5</td>
<td>23.68</td>
<td>25.90</td>
<td>55.93</td>
<td>56.91</td>
<td>469.73</td>
<td>469.39</td>
</tr>
<tr>
<td>10</td>
<td>41.29</td>
<td>41.89</td>
<td>89.76</td>
<td>88.87</td>
<td>590.92</td>
<td>596.38</td>
</tr>
</tbody>
</table>

(1) Average over 5000 cycles of the observed number of infections before absorption.  
(2) Expected value calculated according to (11).

we leave further analytisis of the results for next section

5. ASYMPTOTIC APPROXIMATIONS

In this section we deal with the most common case in which $N$ is big and $R_0 > 1$. In this case the mean time to extinction $T_E$ is not relevant by itself, since very likely it would be beyond the mean duration of life of individuals, but it is neccesary to calculate the $UTD$ in (4.1). Although a normal distribution can be used to approximate the MSD, it is natural to expect a poor fit in the tails of the distribution. Nasell [3] provided a good account of approximations for both the QSD in general and for $q_1$ in particular. He proved that the asymptotically the QSD follows a normal distribution with mean and variance $N(R_0 - 1)/R_0$ and $N/R_0$ respectively. He also proved that for $R_0 > 1$ and $N \to \infty$ then the expected time to extinction from state $j$ is approximately equal to
\[ \frac{1}{\mu_1 q_1} (1 - R_0^{-j}) \]  

with

\[ q_1 \sim \sqrt{N} \frac{(R_0 - 1)^2}{R_0} \varphi(\beta_1) \]

where, for \( R_0 > 1 \)

\[ \beta_1 = \sqrt{2N \left( \ln(R_0) - \frac{R_0 - 1}{R_0} \right)} \]

and \( \varphi(.) \) is the standard normal density function. Combining these results with (4.1) we get an asymptotic approximation for \( E\{UTD\} \) if the process starts in state \( j \):

\[ E\{UTD\} \approx \frac{N(R_0 - 1)}{\mu_1 q_1 R_0} (1 - R_0^{-j}) \]  

(5.2)

Fig. 5.1 shows the numerical results of comparison of expressions (4.1) and (5.2), for different \( R_0 \) values with \( N = 100 \), for an initial number of infective individuals of 1, 2, 5 and 10. In this graph the ratio of both expressions is plotted against \( R_0 \). We can see that the approximation (5.2) is accurate.

We now explore how \( E\{UTD\} \) is affected by a reduction in the mean time of the duration of the infectious state of infected individuals. Let \( UTD(N, R_0, j) \) be the total number of units of time disease for an epidemic that starts with \( j \) infected, with \( N \) and \( R_0 \) fixed. If the expected value of the mean duration of the infectious period is reduced from \( \mu^{-1} \) to \( \alpha \mu^{-1} \) with \( 0 < \alpha < 1 \), then \( R_0 \) is reduced to \( \alpha R_0 \) and the relative reduction accomplished is:

\[ \frac{E\{UTD(N, \alpha R_0, j)\}}{E\{UTD(N, R_0, j)\}} \]  

(5.3)
Fig. (5.2) shows the value of this ratio as a function of $\alpha$ and $R_0$, whereas (5.3) shows the ratio as a function of $\alpha$ and $N$. When $N$ and $R_0$ increases the influence of $j$, the initial state is negligible.

References

Fig. 1.1 Comparison between averaged (dotted line) and expected total time. Numbers next to lines indicate the initial states

![Graph](image1)

Fig. 1.2 Comparison between averaged (dotted line) and expected total time. Numbers next to lines indicate the initial states

![Graph](image2)
Fig. 2.1

Fig. 2.2
Fig 2.3

Relative Frequencies

R = 50
R_0 = 1.7

States
Fig. 3 Expected time to extinction as a function of $R_0$
Fig. 5.1

![Graph showing ratio vs. Ro](image1)

Fig. 5.2

![Graph showing relative reduction vs. Alpha](image2)
Fig. 5.3

Graph showing relative reduction vs. alpha. The graph includes lines for 100, 250, and 500.